

Spread ●
the facts

●
**Spread the
facts, not
the virus.**

Even if you're young and fit,
it can be really hard to
recover from Covid-19.

spreadthefacts.co.uk



**Cristina
Trainee Doctor
Southport**

Stop the spread of misinformation. Stop Covid.

Your health is in your hands. Kill the virus by washing your hands regularly in warm soapy water for over 20 seconds.

Keep your distance. Wear a mask. Wash your hands. Easy.

Brought to you by your local council and the NHS in Cheshire and Merseyside.